



JUNE 8th, 2020

ATTENTION: PARENTS/GUARDIANS OF CRAWFORD CO. ATHLETES

It is time to begin the athletic physical process for the 2020-2021 sports seasons. Each athlete must be pre-screened by the CMH Athletic Training Staff prior to having an athletic physical. The prescreening is a chance for our Athletic Training Staff to review your student athlete's health history and determine if that athlete receives his/her physical at our physical clinic. If your son/daughter has any underlying condition that is being treated by a physician, they will be directed to that physician or their primary care doctor. If your health insurance provider covers this benefit it would be advisable for you to seek your physical from your regular health care provider.

With the recent events pertaining to COVID-19 this process will be different from years past. It will be the parent or athlete's responsibility to get forms from the CMH website, CMH Facebook page or physically pick it up from CMH outpatient therapy. Forms will be made available on June 8th. **Completed appointment selection and health history portion of physical will need to be completed and turned in to CMH outpatient therapy no later than July 10th 2020.** Once received CMH Athletic training staff will review history and call and schedule an appointment closest to your requested time.

On the night of your appointment you will arrive to campus and at the tent, **pay \$20.00 CASH OR CHECK** for your physical and be directed to the clinic that you will be seen in. You will be given a number and when that number is called from the office you will enter and be seen by the provider. **You will be required to wear a mask while inside all CMH facilities and this will not be provided for you.**

80% of all money collected on physical night is returned directly to your school's athletic department.

Thank you for your help and cooperation in this matter.

Sincerely,

Scott W. Rawlings MS, ATC, PES/CES
CMH Athletic Training Coordinator
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Robinson, Illinois 62454
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(618)546-1234 ex 5662

Appointment Selection

Please make two selections of physical appointment dates and times noting first choice. Again if your selections are filled your student athlete will be assigned the closest available appointment. You will be called and informed of your specific appointment time. Times will be scheduled in 3 separate clinics and you will be directed to the appropriate clinic upon arrival to CMH's campus.

Please circle your choice:

Wednesday July 15th 2020	6:00 pm	6:30	7:00	7:30	8:00
	6:10	6:40	7:10	7:40	8:10
	6:20	6:50	7:20	7:50	8:20

Thursday July 23rd 2020	6:00 pm	6:30	7:00	7:30	8:00
	6:10	6:40	7:10	7:40	8:10
	6:20	6:50	7:20	7:50	8:20

If you have any questions regarding this process please feel free to call or email

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